

NSW Department of Education

Cessnock High

School News

What's Happening At CHS Term 2

2 June -	PBL Reward Excursion	
3 June -	Regional Cross Country	
9 June -	Newcastle Knights All	
	Schools Knockout (14s)	
15 Jun -	NAIDOC Art Workshop	
17-18 June - Star Struck 2016		
20 June -	P & C Meeting	
21 June -	Parent Teacher Evening	
24 June -	Aviation Careers Day & Aero	
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I July -	Last day term 2	

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Term 2 May 2016

PRINCIPAL'S MESSAGE—Mr Bice

At Cessnock High School we continue to seek opportunities for our community members so that they are inspired, valued, hopeful and intellectually curious.

I continue to be impressed by the commitment levels of CHS staff who give so freely of their time to ensure that our students are provided with learning opportunities second to none. An

illustration of this dedication occurred during the last school holidays where many staff members (and some of their partners) freely gave up their time to help "gut" the library in preparation for its transformation to a Future Focused Learning Centre. As you will see from the first photo we were left with an empty shell after all of the books and shelving units were removed. New carpet has now been laid and fresh paint applied and we are beginning to outfit the centre with modern furnishings and technology to prepare our students for their role as global citizens.





The second photo is a conceptualisation of what the upstairs area may look like. There are not any books in this area as this space will have a focus on integrating information and communication technology into the classroom. The floorplan for the downstairs area of the library has been modified so that we have usable space

to house the books that staff have identified as relevant to student's learning needs. There are also plans to incorporate a sensory wall in the lower level.

Our school's innovative work in the STEM field has been recognised at a regional level with an invitation to present at a showcase that will be attended by The Hon John Barilaro MP, Minister for Skills and Minister for Small Business on Tuesday 7th June 2016. Mr Bryson has been developing our dedicated STEM centre with the assistance of his Year 9 elective group. This is yet another project where the students and staff have been involved in the entire build from the design phase through to the completion of a dedicated learning space.

Year 7 and 9 students recently participated in NAPLAN testing. The testing provides teachers with a diagnostic measure of a student's capabilities in literacy and numeracy to help guide future teaching and learning. The Board of Studies will be releasing the results for this test later in the year.

Recent analysis of Positive Behaviour for Learning data has once again shown an impressive number of students achieving positive referrals across all year groups. Data collected for College I was particularly impressive. Well done!

DEPUTY PRINCIPAL'S MESSAGE MRS GILL - Years 8, 10, 12

We have had a very busy start to the year with quite a few activities and changes to processes and systems.

One of our changes has been the introduction of a media team within the school to help improve communication between the school and home. We are currently in the process of updating our website and hope that parents and carers will access the information to keep up with not only extra-curricular activities but also with current curriculum requirements such as assessments and class expectations.

Our newsletter is now monthly so that we can showcase the wonderful activities and experiences the students of Cessnock High School are engaged in. This we hope will also improve communication between the school and home.

We now have an attendance team which meets weekly to support our students who are struggling engaging with school for various health reasons. Our Home School Liaison Officer has been busy working with our team interviewing students and doing home visits to ensure our students are well supported and prepared in their return to school plan.

Recently whilst our students were engaged in the Cessnock High School Athletics Carnival at Turner Park our school hosted a **Cessnock Youth, Children and Family Services Forum.**

The audience for this forum consisted of our local school staff and individuals who work with young people within the Cessnock area. All participants were given the opportunity to connect with workers and access information on the current landscape of service provision in the area.





We recently held our Year 10 transitioning into College 1 Subject Information evening. This was very successful and as follow up all Year 10 students are currently being interviewed by Mrs Walker and I to ensure that they have selected the correct pattern of study to help them achieve their post schooling goals.

Ms Elsa Crooks our 2017 Year 7 Adviser has started the transition process and is currently visiting our partner Primary Schools with our ACE class representatives. Ms Crooks will regularly provide information in our newsletter to further improve communication regarding Year 6 transitioning into Year 7.

DEPUTY PRINCIPAL'S MESSAGE MS MACDONALD - Years 7, 9, 11

Term 2 has once again begun with lots of activities underway. Students returned from the break settled and ready to apply themselves to their education.

NAPLAN:

During Week 2 we held a series of NAPLAN practice workshops for Year 9 in the areas of Literacy and Numeracy. The majority of students made the most of this experience and hopefully we will see evidence of this in September when the results are returned to the school. Many students will participate in a reward day for their exemplary behaviour during this time. They are a credit to the school and set an excellent example for other students.

DEPUTY PRINCIPAL'S MESSAGE MS MACDONALD - Years 7, 9, 11 (continued)

STAGE 6:

This term also saw the introduction of a program called "Broadening and Enriching Stage 6". Last term we were lucky enough to gain a grant from the Department of Education to use towards programs that increased student outcomes in Stage 6. There are three parts to this project:

Enhancing student writing in Stage 6 Parent workshops

Future focussed learning

We have already started developing our teachers in enhancing student writing with our first step on paragraphing. The visual below outlines the structure of a paragraph that we will be teaching to all our Stage 6 students.

This week we also held our first parent workshop. These workshops are designed to engage parents with their student's learning. You will have received a flyer advertising this and future events. Our next session on the 28th June will be run by a private company called "Elevate". They will run a workshop with students during the day about study skills, time management and how to get the best marks they can in the HSC. This session will be followed by an evening parent session that delivers information about the same topics. We hope to see this event well-attended by parents.

The remainder of this term will see the complete refurbishment of the library, a revamped study centre for senior study periods and a well-attended homework centre.





All these endeavours are designed to provide our stage 6 students with the best possible support for a successful HSC. If you are the parent of a senior student you would have received information about both the homework centre. We encourage you to support your students in attending this centre that runs every Tuesday and Thursday afternoon and every Wednesday morning. A variety of subject teachers are available to assist your students with assessment tasks, homework and revision.

UNIVERSITY OF NEWCASTLE:

The University of Newcastle and Cessnock High School have always had a strong partnership and this year is no exception. This year students from Year 9 have an opportunity to experience University life in a week's residential program held at the end of the year. Many students from all over the Hunter apply for this program and we are hopeful that CHS will gain places for some of our students.

Year 7 and 9 will also have the opportunity to attend a University Day on Tuesday the 28th June this year. This day is called "Skills for Success" and provides information about University courses, setting goals and setting high expectations for a strong education. You will receive more information about this day in the next few weeks and I hope to see strong participation in this event.

STAFF PROFESSIONAL LEARNING:

Once again our staff members have been involved in a great deal of professional learning to develop their skills in a variety of areas. This term we have sustained our connections with our partner primary schools, developing a common language for writing and we have continued the site swaps. Our high School teachers have thoroughly enjoyed going to the primary schools to teach Year 6 and our Primary teachers have enjoyed see their year 6 students as year 7's.

This term our professional learning focus will be around Community Partnerships, student mental health and future focussed learning. All our teachers are working hard to improve outcomes for students at Cessnock High School and engaging regularly in high quality learning.

Hayley Macdonald

HSIE and LOTE FACULTY

HSIE FACULTY MESSAGE

The HSIE (Human Society and Its Environment) faculty has the very important task of introducing students to the humanities and social sciences.

The HSIE faculty offers a broad range of courses. Year 7 - all Year 7 students complete the Mandatory Stage 4 History and Geography Courses. Year 8 - all Year 8 students complete the Mandatory Stage 4 History and Geography Course. Year 9 & 10 all Year 9 and 10 students complete the Mandatory Stage 5 Geography and History courses. Currently students also have the option of studying the History Elective in Year 9 and 10. Our College students are currently studying Ancient History, Business Studies, Modern History, Legal Studies, Retail and Work Studies.

Studying the humanities is extremely important to the growth and development of students in our 21st Century society. Past and current issues drive inquiry and investigation into History and Geography and we encourage students to become active and informed citizens by instilling within them an understanding of historical and geographical issues. They then have the tools to make educated decisions that not only impact on their lives but also the lives of others.

Although we live in an ever expanding world of science and technology it is by having an appreciation for the past and an understanding of the importance of studying the humanities that we guarantee the continuance of our rights and freedoms.

Finally I would like to conclude with this quote - History helps us understand change and how the society we live in came to be. The second reason history is inescapable as a subject of serious study follows closely on the first. The past causes the present, and so the future.

Mr. Chris Penglaze Head Teacher HSIE (Acting)

LEGAL STUDIES CRIME SCENE



Students from the Legal Studies class became detectives for a day. As part of the crime unit in Legal Studies the students had to determine what had happened in the scene. The students took on

different roles as part of the investigation process, guarding the crime scene, applying for a crime scene warrant, gathering evidence, bagging and entering up exhibits. All students acted professionally and solved the murder!



BUSINESS STUDIES

Students in Business Studies having been studying their first HSC topic: Operations. As a group we decide to recreate our own production line and made a cake. We designated an Operations Manager to oversee the production process and ensure a quality product was produced. Then the students all became Quality Control Officers to taste the cake to make sure the highest quality product was made.





HSIE and LOTE FACULTY

QUARANTINE STATION EXCURSION

Once again senior HSIE students undertook the pilgrimage to the Q Station Sydney Harbour National Park and again both the students and the staff had a great time.

Historical sites such as the Quarantine Station have significant and thought-provoking stories to tell. The site acts as a witness to our nation's past; its landscape represents a series of events that shaped both Australian history and society and it also educates students about the people who faced those situations and issues.

The Quarantine Station also fosters within students the ability to connect its historical and cultural importance to current national and international events and themes which highlights and reinforces the importance of studying history. This site assists students in developing historical skills. Students visiting the site learn observation skills, assimilate content, analyse and compare and contrast primary and secondary evidence.

Over the past four years Cessnock High has formed a strong educational and community connection with the Q Station Sydney Harbour National Park. The ability to access onsite both suitable and affordable accommodation as well as the educational programs is of paramount importance, and Cessnock High looks forward to continuing and expanding this community relationship next year as we celebrate the fifth anniversary of this excursion.

On behalf of both the students and I we wish to thank Mr. Scott Hamilton, Mr. Jiya Reardon and Miss Vanessa McCurry for assisting with this excursion.





Mr. Chris Penglaze Modern History Teacher

University Of New England Open Day - Mrs Walker

A group of Cessnock High School College 2 students travelled to Armidale to attend the University of New England Open Day on Friday, 6th May.

The Open Day provided our students with a wonderful opportunity to get a taste of life as a university student. Students gained an insight into all aspects of UNE including academic, cultural, sporting and residential life.

It was an action packed day with many activities, entertainment and demonstrations. Students were given the opportunity to explore degree options that may be of interest to them and also get a feel of what campus life is like.



Academic advice was presented by lecturers and support staff and presentations were made on Early Entry Schemes and Scholarships.

This was the first of a number of excursions and presentations that our school has arranged to support our HSC students in planning their transition from school to work.





Smart Start Workshop - Mrs Walker

Year 10 students recently attended a presentation called SMARTSTART. The workshops, delivered by the Commonwealth Bank, were in depth and focused on smart earning and smart spending. Students were able to explore financial concepts such as understanding the impact of financial choices, getting your first job and managing your mobile phone as well as savings goals and budgeting.

The workshops were an interactive learning experience empowering students to make confident financial choices.







Hunter Valley Career Expo - Mrs Walker

On Friday 20th May, Cessnock High students were given the opportunity to attend the Hunter Valley Career Expo held at Maitland Basketball Stadium. The expo is one of the largest events of its kind in the region, attracting more than 100 employers, representatives from universities and TAFE, other training providers and employment agencies. It was a very comprehensive market giving our students the chance to investigate a large number of careers. Students were able to gather a vast amount of information from experts in their field about occupations, education and training.

The expo proved to be very valuable to students in planning their transition from school to work or further education.













Year 7 Transition Report - Ms Crooks

Information for students enrolling in Year 7 2017 at Cessnock High School.

As you are aware, Cessnock High School provides students with the opportunity to bring their own device to school. Once the User Agreement permission note is signed at the start of Year 7, your child will be able to use their device in class pending negotiations with the classroom teacher.

Currently we are busy organising the three day camp to Adventure Land, Forster. This will take place during Term 1, Week 5 from Monday the 20th February – Wednesday 22nd February 2017. Listed below is the Forster Adventure Land activities, your child will be given the opportunity to participate in a selection of these activities. More details and pricing are to come, however do not hesitate to contact the school with any inquiries that you may have about the camp.

Finally, I encourage you to download the Cessnock High School App. This service allows you to receive messages, newsletters and view upcoming events to ensure you are kept up to date with information for Year 7 2017.

Activity	Description	Age
Archery	Safe and fun. Structured lesson and practice time	All ages
Canoeing	3 person canoes. All students wear PFD's	All ages
Challenge Ropes	Aerial harnessed obstacle course winding through the trees to a height of 15m	Age dependent Generally Yr. 5+
Flying Fox	A fully harnessed 160m flying fox over water activity both fun and exhilarating	Generally Yr. 5+
Fencing	Great fun and very safe. Protective equipment used to suit all ages. Structured lesson and practice time	All ages
Giant Swing	Very exhilarating 15m harnessed pendulum swing	Generally Yr. 7+ Min. Yr. 3
Go Karts	A wide range of Go Karts from beginner to experienced level across a practice and official race track	Strict minimum Yr. 7+
Icebreakers	Introductory Get To Know You and trust building activities All ages	
Initiatives Exercises	Student led problem solving and initiative activities All ages	
Night Activities	Games Night, Disco, Music Quiz, Trivia Quiz, Videos, Challenge Night, Commando, Camp fire	All ages
Mud World	Challenging mud course for teamwork and a lot of fun Generally Yr 74	
Quad Bikes	A fun and exhilarating way to a beginner level of quad biking around and man- made track Strict minimum	
Raft Building	Small group teamwork activity. Construct and race your raft Generally Yr. 7+	
Sports	Oval games, basketball, volleyball, table tennis	All ages
Teamwork Challenge	A wide range of climbing aerial obstacles requiring teamwork to complete at heights of up to 15m	Generally Yr. 7+
Waterslides	2 action packed waterslides All Ages	
Zorb / Water Balls	A unique opportunity to experience a fun and exciting activity	Height and weight restrictions

NOTE:

Some activities may require transport or incur additional cost

YEAR 7 Year Advisor Report - Mr Hamilton

The opening few weeks have been full of activity for Year 7 with many programs and events running. Along with Rugby League, our students have participated in Soccer, Hockey and StarStruck preparations. I would like to take this opportunity to congratulate Year 7 for their positive and respectful attitude during the annual NAPLAN testing. It was great to see and read some fantastic narratives as I was walking through.

For integrated sport, Year 7 has participated in a Basketball coaching clinic at Cessnock Basketball Stadium. The look on their faces when the head coach walked in and banged his head on the 3m door was priceless (as was mine when he came over to shake hands and I stood in his shadow). We are fortunate to practice and learn from some of the best in the business. This will continue for the remainder of the term and students are reminded to bring their \$5 each fortnight.

The remainder of the term will bring more events for our year group with roll over occurring at the end of Week 5. This will mean that students will change from their Semester I to their Semester 2 Electives. They are as follows:

- Switched On
- Games! Games! Games!
- So You Think You Can Dance?
- Animation
- Cake Decorating

All students have now selected their electives and look forward to learning in their new subjects. Finally, school reports for Semester I will be handed out over the next few weeks which will lead into Parent/Teacher night later in the Term. All are welcome and I look forward to catching up with you.

I look forward to finishing of the Term strongly...Go the Sharks!!!

Thank you, Mr Hamilton Year 7 Advisor **Page 9**





YEAR 8 Year Advisor Report - Ms McCurry

Year 8 Year Advisors Report

It has been a strong start to the year for Year 8. At the time of publishing, students have just transitioned in their Semester 2 electives. Students in Semester 1 have shown excellent creativity and persistence in their design and implementation. I would encourage students to discuss the outcomes of their electives and share their excitement in their new electives. I have spent the last few weeks reflecting on Year 8s reports, this is a wonderful check point to see how students are progressing. I have been delighted with some of the results and would encourage students to continue to meet their milestones.

Year 8 can be a difficult transition year for some students, I encourage all students to use the support networks that they have in place including talking to me as their year advisors if there are any issues so that we can put appropriate support in place. On Friday Week 7 we have John Collins who is the Youth Liaison Officer who is completing a talk on cyber safety. Stacy Jacobs our student support officer will also be completing a session on interpersonal relationships.

Please feel free to contact me if you have any concerns.

Vanessa McCurry

Year 8 Advisor





YEAR 9 Year Advisor Report - Ms Burke & Miss Baczynskyj

What a delightful semester we have had with Year 9 students!

Firstly, I would like to acknowledge the mature, positive and impressive approach Year 9 displayed with their Portfolio interviews for PDHPE, English and HSIE. We were blown away with their level of commitment towards their assessments. The interview panels consisted of Senior Executive, Executive and classroom teachers and we could not speak highly enough of the student success. Mikayla Haynes and Sarah Pringle were our stand out performers and Mikayla received PBL student of the week as a result of her amazing interview and presentation. We are really looking forward to the interviews in Semester Two!

Year 9 participated in a NAPLAN preparation workshop during the week of Portfolio interviews. These workshops focused on enhancing Literacy and Numeracy skills. The students were excellent throughout this trial and are being rewarded with an excursion to Super Strike in Week 6 as a result of their dedication.

Year 9 have been actively engaged in 'Youth Frontiers,' a state wide mentoring program funded by the Department of Family and Community Services and delivered at school Monday periods one and two. A small selected group of students of some Year 8 but mainly Year 9 engage with volunteer mentors from the community and are currently participating in a six month mentoring program focused on positive role modelling, leadership skills, community connectedness, civic responsibility and engagement. Mentors and students meet on a regular basis on school grounds with a YMCA coordinator and with Miss Baczynskyj to present group sessions. This program is providing a voice to our Year 9 students and I am looking forward to their collaborative community projects.

Selected Year 9 students have been chosen to represent Cessnock High School in Girls' Choice and Live It program. This is a Summer school program where students apply for a five day residential University experience. The program is paid for by Cessnock High School and is aimed to build upon the potential success of students in Years 10, 11 and 12 and expose students to a wide range of study and career options that exist in the HSC graduates. Students who are selected will gain more confidence in their maths and science skills and ability, be exposed to the opportunities that higher education has to offer, develop self-confidence and independence, expand their awareness of post-school career and study options, experience life on campus and meet new people including University students. We are extremely proud of all our applicants and wish them all the best on their endeavours to work towards a higher education.



I would like to congratulate Year 9 on their effort and participation throughout Sport this semester. They have been actively engaged in Basketball clinics, PCYC sessions of trampolining, skate park and gymnastics, and Genesis Gym for fitness activities.

Tuesday 21st June (week 9), our entire year group are invited to attend a well-being day at Cessnock PCYC. This day will focus on social networking, group work and social media safety. PCYC have kindly offered to provide a sausage sizzle lunch for us. The cost will be \$20 per student and we are looking forward to a fun-filled day.

Ms Burke & Ms Baczynskyj

Year 9 Advisor









Year 10 Advisor Report — Mr Penglaze

This year will be an extremely busy year for Year 10 as they complete their final year of junior high school and prepare for their senior education.

Our vision has always been that each and every student think carefully and make the right choices for the future - making the most of the opportunities offered at Cessnock High: academic, sporting and extra-curricular.

We will do our best to focus on positive behavior and learning in a respectful environment between students, teachers, support staff and parents.

I would like to take this opportunity to reinforce two exciting and upcoming events for Year 10.

The first is work experience. Under the guidance of our Careers Advisor Mrs. Walker all of Year 10 will be undergoing work experience. As the Year 10 Advisor I would like to take this opportunity to reinforce the value of work experience. The aim of work experience is to enhance the vocational, education and social development of students in order to assist in their school-to-work planning. Work Experience provides students with the opportunity to gain first-hand knowledge of the world of work, increase their understanding of employment opportunities within an organization and/or occupational field, extend their understanding of the various avenues of entry into the world of work and further education, appreciate the importance of quality of opportunity in the workplace and gain skills associated with finding and maintaining employment.

The second is our upcoming Year 10 camp. The aim of this camp is to prepare Year 10 students for the transition from junior to senior education. We will be going to Broken Bay Sport and Recreation Centre which provides a range of services, facilities and accommodation for school camps. Set on 650 hectares of unspoilt wilderness, Broken Bay Sport and Recreation Centre feels worlds away with its isolated headland, beach, river and bush setting and breathtaking views of the Hawkesbury.

Mr. Chris Penglaze Year 10 Advisor

College One Advisor Report — Mr Ryan

College one have had a big first semester. They have hit the ground running and have already completed the preliminary course for the first three of their HSC subjects. They are now well underway with their studies the pace can sometimes be challenging and everybody feels the pressure at one stage or another. These feelings are normal. The school has a number of resources available to help students with their studies. The Homework Centre is highly recommended for all college students. It is a place where seniors can seek individual help from teachers as well as work collaboratively with each other. Setting aside a regular time to attend might be just the thing to help make sure there isn't the last minute rush with assessment tasks and to help relieve some of the pressure. The homework centre is open Tuesday and Thursday afternoons between 3:30 - 5:30 and Wednesday mornings 7:30 - 9:00.

Mr. Anthony Ryan College One Advisor

College Two Advisor Report — Mr Goodwin

As preliminary studies come to a close the light at the end of the tunnel continues to become clearer for our College Two students. The culmination of 13 years of study will be realised in just two short terms. This can be an exciting yet overwhelming period for all students. It can be a period in which there seems to be not enough hours in the day. But it is also a period that students will remember for the rest of their lives. And for this is why I encourage all of our College Two students to grab this time with both hands and wring everything they can out of it. This includes utilising every minute of class time to it's full advantage, seeking help from classroom teachers and using their expertise in the area of study. But students are also reminded that a successful HSC does not start and finish within the gates of school. A regular pattern of home study is essential for achieving educational goals. The development of a good routine of revision at this will help all students build positive habits as the exam period approaches.

Schools are not all study though. Some of the greatest memories our College studies will gain won't be within the confines of the walls of a classroom. Already this year we have seen that College Two is active in its involvement in extra-curricular activities, such as Teachers v's Students events at the swimming carnival and athletics carnival have all helped College Two greater develop a study/life balance. Fundraising efforts continue for the formal with the Krispy Kreme's doughnut drive taking off as this newsletter is published. So I remind and encourage all College Two students- this time is short

but it will remain with you forever. Ensure that on reflection you gave it all you could. Do not regret missing out on the game of touch football against the teachers. Don't shake your head when thinking of the extra effort you could have put into an assessment task. Be proud of your study and enjoy everything that the last semester of high school has to offer.



Mr. Tim Goodwin College Two Advisor









ENGLISH NEWS

'The Shoe-horn Sonata' Performance, Giant Dwarf Theatre Redfern.

College I and 2 Standard English students had the privilege of seeing a performance of their prescribed text, 'The Shoe-horn Sonata' by John Misto. The play examines the lives of two women, one an Australian army nurse and the second a British civilian. Both women were in Singapore during the Japanese invasion in 1942 and suffered for three



years in POW camps in Malay and Belalau. Attending this performance gave the students the opportunity to see how Misto's use of dramatic and visual techniques enhanced the development of characters and the impact of the war on the women who suffered at the hands of the Japanese. This is a story that is rarely told. We trav-



elled to the performance by train and enjoyed spending a few hours in Prince Alfred Park and eating at the local cafes.

Advanced English Hamlet Excursion to Sydney

"To be or not to be?" was the question of the week for Miss Payne's HSC Advanced English class as they travelled to Sydney overnight on May 25 for an immersion in Shakespeare's legendary play, Hamlet. The class, accompanied by Miss Payne and Mr Hamilton travelled down on the school bus and stayed at the YHA Central. On the Wednesday they attended a symposium on the play, where they learnt about key ideas and scenes in the play and how to effectively write about the text in their HSC responses. This was supported by the perspectives and short performances of the performers. We then spent a little time shopping, went for a family dinner of woodfire pizzas followed by a movie. Before an 'early' night we had cake for Adam Robinson and Emily Cullen who turned 18 whilst away. The following day the students attended a performance of the play, an incredibly valuable experience to inform their own perspectives and insight into



the text. The excursion was unfortunately tainted by the school bus being broken into and Mr Hamilton's belongings being stolen. However, overall much fun and learning was had!

NAPLAN

On May 10-12 Year 7 and 9 students attempted NAPLAN tests in language conventions, reading, writing and numeracy. The results of the tests will provide information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each student's level of achievement will be reported against the national minimal standard.

Overall, the students should be congratulated on their serious attempts of the tests and their respectful behaviour during the week. Despite the results, the teachers of Cessnock High School will be proud of your efforts and know that this is only one indication of your abilities in the classroom.

Debating– College One & Two

College I students Leia Leggat, Jeremy Smith, Jase Price and Olivia Little used our training year for debating with excellent results. Most of the students had not participated in debating before, however their eagerness to learn saw them closely competing with teams who were stacked with speakers from Year I2.

Unfortunately, our debates were away this year with trips to Hunter River High School and Maitland Grossman High School, however these road trips were a great source of laughter and fun.

Our last debate focussed on the topic 'That international sporting events should only be hosted by democratic nations' looked to be a strong chance with most members having some knowledge of sport, however the team unfortunately lost in a very close debate.

A close loss on the topic 'That Mathematics should be compulsory in senior schools', resulted in my favourite quote so far - 1'd rather eat pie than solve it.

I look forward to next year's effort, where with experience we will be able to beat out record of I-2.

Congratulations to the team, they showed true CHS pride.





CAPA Faculty News– Mrs Robson

Congratulations to Year 7 Visual Arts completed a unit on portraiture. A wide rage of artists were studied including Picasso and the Cubist movement. An example of this work is featured here.



School Counsellor's Report

Cessnock High School this year is implementing the use of dogs as a therapeutic and educational intervention. The dogs will be used by the School Counsellors in the clinical work. Research indicates that the use of pets can:

- support the promotion of health, wellbeing and development in children
- Improves the quality of life as a tool for socialising, relaxation and communication
- Help reduce anxiety and stress
- Help students gain an awareness of pro-social/positive behaviour in regard to treating animals appropriately
- Provide opportunities for sensory stimulation and exercise and enables children to receive and give attention and affection
- Provide a non-judgemental acceptance of the student
- De-escalate students during emotionally intense moments

Brando, is the dog that will be utilized as a therapeutic intervention. Brando is a Border-Collie that has completed accredited training to accompany the clinical work of the School Counsellor. Brando's role at school is:

- \Rightarrow Anxiety reduction
- \Rightarrow Improves rapport with Counsellor
- ⇒ Improved behaviour outside Counselling setting
- \Rightarrow Social facilitator
- \Rightarrow Focus of attention for de-arousal
- \Rightarrow Object of attachment
- \Rightarrow Source of social support
- \Rightarrow Act as catalyst for learning
- \Rightarrow Act as a contact comfort
- \Rightarrow Outlet for nurturance
- \Rightarrow Model of positive behaviour
- \Rightarrow Increase staff morale



A risk management plan has been created and Brando will remain supervised by an appropriate member of staff at all times. When the dogs are present at school and a student with a dog allergy or phobia requires access to the School Counsellor, the dog will be removed from the area to ensure all students have equitable access to the support services offered at school.





BURRULAA YURRUUN (MANY JOURNEYS)

Aboriginal Learning Centre News

NEWS

NAIDOC Art Workshop was held at Cessnock High School in May. Kearsley and Abermain Primary School Aboriginal students participated with some of our students, firstly the students were asked to find some unusual pieces of 'junk' from the bush, they brought back their findings and produced some interesting pieces of artwork - these will be displayed at the NAIDOC Art Festival on the 27 July 2016 at Cessnock High School.



IF YOU EXPECT RESPECT FROM OTHERS, SHOW IT FIRST TO YOURSELF. YOU CAN'T EXPECT FROM OTHERS, WHAT YOU DON'T GIVE TO YOURSELF.



Sista and Bro Speak-Every Friday







BURRULAA YURRUUN (MANY JOURNEYS) Aboriginal Learning Centre News

On Friday 27 May 2016, at the request of the Mayor, Chantel Sinclair and Chantel Roberts were invited to perform at the Mayor's Reconciliation Morning Tea at Cessnock Council Chambers, in the Foyer. Elders were in attendance, in addition to members of the community. The girls were proud to represent the School and the wider community. The girls also performed during Seniors Week at Cessnock Performing Arts Centre.







NOTABLE DATES

3 June 1992

1992 Mabo Day celebrates the 1992 High Court decision that ruled in favour of Eddie Koiki Mabo and other claimants that their people had occupied the island of Mer in the Torres Strait prior to the arrival of the British. This historic decision effectively recognized the existence of Native Title rights and rejected the concept of 'Terra Nullius', which claimed Australia and was a land belonging to no-one prior to British occupation

EXCITING EVENTS

- 4 June Black Creek Aboriginal Corporate NAIDOC Award Night
- 9 June Wollotuka Newcastle University Visit
- 14 June Principal's Conference Aboriginal Dance Performance
- 17—18 June- STARSTRUCK
- 22 June I Believe Program Year 7 Wollotuka
- 24 June NAIDOC Award Night CHS Schools Spectacular Students performing
- 29 June Year 10 Visit to Newcastle University Wollotuka Institute



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FROM THE SPORTS DESK Mr Goodwin

NSW Department of Education

Sports Report May 2016

Term 2 is always a busy time for sport and this year has been no different. We are only half way through the term and we have already seen the running of the school athletics carnival, the zone cross country, zone athletics, U/I3s boys Knights Knockout rugby league, opens boys and girls hockey and star struck rehearsals.

As always, our school athletics was a great success with a bumper crowd and both competitors and non-competitors all having a great day of fun and participation. The overwhelming success of the day meant that our largest and strongest team in many years was sent to represent at the zone carnival. The announcement of Hunter Region representatives will follow shortly but congratulations to the following students for winning Age Champion in Athletics 2016

Age	Boys	Girls
12	Brodie Williams-Paul	N/A
13	Jonah Williams	Aleasha Morrow
14	Brian Davey	Merissa George
15	Bart Morgan	Chantel Sinclair
16	Adam Sable	Claudia Brown
17+	Jeremy Smith	Caeley Boroweic

The Cross country Carnival continues to grow in popularity as well with its "Fleuro Fun Run" theme and high participation. All students whether running or walking enjoyed perfect conditions and autumn sunshine while competing and winding term 1 down. The following students need to be congratulated for being awarded 2106 age champion cross country

Age	Boys	Girls
12	Keegan Trappel	Mel El Homsi
13	Jonah Williams	Jessica Gurnhill
14	Bailey Rumney	Kristen Dent
15	Lachlan Fairfull	Tarnee White
16	Kyle Gillis	Casey Pickering
17	Josh Dwyer	Amber Coombes
18	Luke Ford	N/A

Rugby League Report

Term 2 again saw our students lace their boots and hit the pitch with determination, courage and tenacity. Our 14s Boys represented at the Buckley Shield and Newcastle Knights Knockout competitions. We had strong performances from Jay Eade and Tyler Reed who hit the ball with speed and were involved in some impressive collisions. Our highlight was a hard fought win against Maitland Grossman where moments of brilliance from Damon Besoff and Keegan Trappel were interwoven with exhilarating passages of play orchestrated by Cody Dewey and Owen Archibald.

Our Rugby League juggernaut will continue with our 13s Boys playing in the Newcastle Knights Knockout and girls Rugby League later in the year.



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FROM THE SPORTS DESK Mr Goodwin

















Newslett	er by Email	
I would like to receive my newsletter by email. My email address is:		
@		
Student Name:	Year:	
		Newsletter Editor:
Parent Name:		Email: <u>cessnock-h.school@det.nsw.edu.au</u>

NSW Department of Education

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Principal: Mr Chris Bice

Deputy Principals: 2016

Year 7, 9, College 1 Ms Hayley Macdonald Year 8, 10, College 2 Mrs Liana Gill

Year Advisors 2016

Teal 7	
Year 8	Miss McCurry
Year 9	Ms Burke
	Ms Baczynskyj
Year 10	Mr Penglaze
College 1	Mr Ryan
College 2	Mr Goodwin

Year 7

Head Teachers

English Miss Payne HSIE Mrs Duncan Maths Mr Atkinson PD/H/PE Mrs Miles Science Ms Mowatt CAPA Ms Falconer TAS Mrs Fairweather Support Mrs Stewart Wellbeing Ms King Suspension Centre Ms Doolan

Office SAM Mrs Sweetman